

# Personal & Business Improvement Training

## Travel Safe, Every Day

### Client Requirement

The most common breaches of Life Saving Rules (LSRs) are driving breaches (notably seatbelts, speeding and the use of hand-held mobile devices such as mobile phones). Although the relevant rules are explicit and easy to understand; driving breaches at work are often linked directly to the attitude and behaviour that individuals choose to adopt, often in direct contrast to the behaviour they would adopt privately, often driven by their interpretation of the local culture. The result of this behavioural choice can be catastrophic and this training is designed to both challenge and change embedded views.

### Solution

Our 'Travel Safe Every Day' training course provides all vehicle drivers and users with the knowledge, skills, confidence and determination to identify and apply the behaviours that are essential to safe and effective vehicle driving and operating. We utilise relevant policies, practices, procedures and information to drive change through highly inter-active and practical training to both pre-empt and challenge unsafe driving and vehicle usage behaviour.

### Objectives

On completing the course delegates will be able to:

- Identify and describe driving breaches related to LSRs
- Apply measures essential to safe vehicle driving and use
- Understand and apply dynamic risk assessment and situational awareness skills
- Implement effective challenging techniques and actions to deal effectively and quickly with unsafe driving behaviour
- Respond effectively to challenges of unsafe vehicle driving or usage
- Use personal commitment to deliver sustained behaviour change

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6-12

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Number of delegates on the course

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1

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Course duration (days)

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£900

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Cost of Course

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### Location

At a client's site or at our training centre near Evesham.

### The Benchmark Standard

Since 2005, Benchmark has become one of the leading suppliers of behaviour change programmes, tailored to meet specific requirements in organisations where strict safety compliance and regulatory frameworks apply.

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